

Foundation Year 2023

Term 1

Days	Dates	Themes
1	10 January	Language of awareness - I statements House Rules & Rules of Engagement Boundaries Social Justice
2	11 January	Open Group Daily Temperature Reading (PAIRS, Virginia Satir, Non-Violent Communication)
3	12 January	Whole Group DTR Your Story
4	13 January	Whole Group DTR Humanistic Models For Change Music
5	14 January	Whole Group DTR Watchbirds Visualisation
6 & 7	20 & 21 January	Awareness continuum - The Cycle of Gestalt. Gestalt Interruptions to contact - Blocks
8 & 9	3 & 4 February	Language of awareness Two chair work
10 & 11	24 & 25 February	Drama Triangle
12 & 13	10 & 11 March	Emotions, Sadness, Fear, Anger, Joy
14 & 15	24 & 25 March	Families Reflections Day

