

HOMA Year 2 Overview 2024

Day	Date	Race, Power & Privilege Themes	The Art of Therapy
1	5 Jan	Intro	Listening
2	6 Jan	Global Majority & Oops/Ouch	
3	19 Jan	You and white privilege	Good and Bad Therapists Ethics and Technique
4	20 Jan	White fragility	
5	2 Feb	White superiority + Cultural Appropriation Racist stereotypes	Intimacy, Disclosure, Mutuality & Enactment Privilege and Power
6	3 Feb		
7	23 Feb	Allyship	Therapy as Wild Play and Relaxation
8	24 Feb		
9/10	8 & 9 Mar	Eco-Therapy	
11	22 March	Values, Losing Privilege, Commitments Reflections & Close	Q & C with Dr Aileen Alleyne
12	23 March		
Day	Date	Sex, Sexuality & Gender	
13/14	3 & 4 May	Sex, Sexuality & Gender	
15	11 May	Sex, Sexuality & Gender	
16/17	17 & 18 May	Sex, Sexuality & Gender	
18	25 May	Sex, Sexuality & Gender	
19/20	31 May & 1 June	Eco-Therapy	
21	8 June	Sex, Sexuality & Gender	
22/23	14 & 15 June	Sex, Sexuality & Gender	
24	28 June	Sex, Sexuality & Gender - Reflections PRIDE Parade London - Close	
25	29 June		
Day	Date	Social Justice Themes	Psychotherapy & Counselling Skills
26	6 Sept	Re-connection Religion	Placements Beginning and ending a session
27	7 Sept		
28	20 Sept	Age & marital status Menopause, pregnancy & maternity	Listening for... Empathy & Compassion
29	21 Sept		
30/31	4 & 5 Oct	Eco-Therapy	
32	8 Nov	Disability Neurodiversity Body size and shape	Barriers to self exploration Asking questions & questioning styles The Drama Triangle
33	9 Nov		
34	10 Nov		
35	15 Nov	Class -	Endings Triads and Coaching Day
36	16 Nov		
37	29 Nov	Intersectionality Reflections & Close	The dynamics of power in the therapy room with Dr Gillian Proctor
38	30 Nov		