

Race, Power and Privilege

Day 1 - How do you feel about exploring Race, Power & Privilege?

Use the art materials to create a response to this question.

Day 2 - Prompt: Respond creatively to The Global Majority Video and article

After watching the Global Majority Video as a group and reading the article the night before.

Day 3 - Prompt: White fragility - Think of a time when you were confronted by white fragility. What comes up and what were you left with?

Use the art materials to create a response to this question.

Day 4 - Prompt: You and white privilege - A memory of a time when you felt the impact of white privilege.

Use the art materials to create a response to this question.

Day 5 - Prompt: White superiority - In what ways have you bought into the idea that white is better and how can you represent this in your image-making?

Use the art materials to create a response to this question.

Day 6 - Maya Angelou - Respond to the we wear a mask, in particular, think about white silence and apathy.

Use the art materials to create a response to this question.

Day 7 - Prompt: Photo

Trainees were all asked to take a mindful photograph which expressed an experience of race, power & privilege in the area where they lived. The photos were all printed.

Group Exercise:

Pass the photos around the group for all to have a look at - 5 mins.

Get into pairs - 5 mins each + 5 mins conversation.

Look at your partner's photo. What do you see?

Talk about your photo:

What was your experience of taking this photo?

What did you see when you took the photo and what do you see now?

What is/are your take-away/s in relation to race, power and privilege?

Whole group conversation.

Art Marking Prompt: Think about racist stereotypes you have internalised about people of the Global Majority, where they come from and how you feel as you challenge these narratives.

<https://www.holidayphillips.com/blog/how-to-be-a-better-ally-in-conversations-about-race>

Day 8 - Prompt: Make a piece of art about your responses and feelings about allyship.

Day 11 - What is a commitment you are willing to make in relation to this work?

Use the art materials to form a response.

Q & C with Dr Aileen Alleyne

Dr Alleyne talking to the group about her book “The Burden of Heritage - Hastings of Generational Trauma on Black Lives” followed by questions and group conversation.

Day 12 - Prompt: Any questions, feelings, thoughts or surprises you are left with.

Use the art materials to create a response to this question.